# Level One H2Y2 Training Is Now On-Line On-Demand

## **Session 1001**

This session defines and examines the multiple roots of the addiction to hopelessness. It will also define and explain the need for Holistic Mentoring, the treatment for this addiction. Finally, it will demonstrate how Holistic Mentoring involves and rebuilds the entire village.

### **Session 1002**

This session describes the most important traits of the Holistic Mentor. It will also highlight the ten most common mentoring misfits that should not be allowed to mentor young people. Then it will describe the six phases of Holistic Mentoring and the significant milestones that mark the passage from one phase to another.

#### **Session 1003**

This session includes a brief review of adolescent Psychology and development. Then there is a discussion of Loss, Grief and Adolescent Depression. This session also includes brief workshop, entitled "What happened to this child? While taking an up close look at the to the Addiction to Hopelessness.

# **Session 1004**

This session involves the showing of a Foston Institute movie, entitled Did You See Their Faces? The teenager's view of church. It has a run time of 1 hour and 27 minutes and has one objective. The participants will be asked to try to determine which teenage character, Charles, William, David, Angel, Leslie or Jackie is at most risk of suicide.

#### **Session 1005**

This session will help participants identify the strengths of their program. They will also be asked identify two areas of improvement they could do fairly easily. Finally, the participants will be asked develop a GRID for their Community. GRID stands for Gathering Resources for Community Development



# The Cost Of Each On-Line Session Is \$25.00

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http://www.drfoston.com/home.html